Salivary Cortisol Bioscience Training
May 15, 2013
May 16, 2013 Hands-on lab Training
Carrington Hall Room L700

The UNC School of Nursing Biobehavioral Laboratory will present an overview in Salivary Bioscience evaluating cortisol and hormones linking stress and health. Join us for a discussion of saliva collection method survey and demonstration!

At the conclusion of this workshop you will understand:
• the practical aspects of saliva sample handling, collection, and study design
• sample processing and the basics of salivary enzyme immunoassay
• salivary cortisol as a stress biomarker: the awakening response, diurnal variation, and momentary acute stress reactivity
• the integration of salivary analytes into behavioral, developmental, and health science research

Those participants attending 2nd day will stay until 5pm. Hormone assay lab training also available with very limited seating May 16. Maximum Ratio 1-3 students per teacher.

For more information, please contact us:
919-966-7598, email us at sonbbl@unc.edu,
or visit our webpage at http://www.bbl.unc.edu/

Registration:
$250 May 15th
$450 May 16th; prerequisite May 15th program, seating is limited